

September 1, 2026

Market Segment Outlook: Global Life Reinsurance

The global life reinsurance outlook remains Stable, led by highly rated, diversified, well capitalized, and experienced companies

AM Best is maintaining its Stable outlook for the global life reinsurance segment, based on the following factors:

- Concentrated traditional reinsurance market, dominated by several highly rated, diversified, and well-capitalized global companies
- Companies with many years of experience and expertise in the traditional market, focusing on biometric risk and underwriting capabilities
- Moderate growth expected in life channels globally
- Favorable capitalization and underwriting results

Moderating factors include:

- Global economic uncertainty
- Continued growth in offshore reinsurance

Regulatory Environment

The segment benefits from a mostly stable regulatory environment globally. This is the case in the US and Europe, where the leading global life reinsurance entities operate and where there are currently no major concerns. This includes Solvency II in the European Union and robust regulation in the United States, including recent AG 55 annual asset adequacy testing for US life insurers ceding asset-intensive business to offshore or other reinsurers.

In Japan, the volume of reinsurance ceded by insurance companies has increased steadily in recent years, in part driven by the implementation of an economic value-based solvency regulation framework that is closely aligned with Insurance Capital Standard (ICS). The new solvency regime, known as J-ICS, took effect on 31 March 2026.

AM Best is monitoring evolving regulations in offshore jurisdictions. This includes Bermuda, which has Solvency II equivalence. In addition, in Bermuda, transactions (including affiliated business) require Bermuda Monetary Authority approval. There is a review of the appropriateness of collateral and asset allocation, along with required stress testing. AM Best is also seeing an increase in reinsurance activity, especially in the Cayman Islands.

Competitive Landscape

The global life reinsurance market remains a concentrated segment, with a handful of global companies holding a significant majority of market share. Long-term client relationships that have been built over many years offer these companies the ability to grow through existing relationships. Operating scale and the benefits of strong technical, actuarial, and risk management expertise support future growth.

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2026-111

Life reinsurance accounts for a significant share of gross premiums written, with the United States remaining the largest geography. Most large life reinsurance carriers also diversify their business profile with non-life reinsurance and maintain strong risk-adjusted capitalization, with a measured risk approach to liability management.

Life reinsurers have long been viewed as business partners who offer services beyond biometric risk transfer solutions, such as balance sheet optimization, underwriting support, and actuarial data. These companies are well positioned to further support the industry through evolving trends.

The number of offshore annuity reinsurers has increased in recent years, as has the use of offshore entities by existing players. These companies have mainly focused on asset-intensive reinsurance and block transactions of legacy annuity books of business. Private equity/asset managers have been increasingly getting involved in this space and adding to the growing competitive pressures. This has brought an increased focus on the regulations that oversee these new formations.

Performance Trends

US individual life first year and single premium increased 10% in 2025 and is expected to continue to grow. Growth through emerging markets will also help to bolster global life reinsurance companies. There are opportunities as well in the US annuity market due to robust market growth. This is expected to be supported by continued capital growth, including new private equity and asset manager participation. The industry has performed well through solid underwriting and favorable investments yields. Mortality levels have stabilized in recent quarters, and the industry looks to see what type of impact there may be from Glucagon-like peptide-1s (GLP-1) due to their potential to improve mortality and morbidity outcomes. In addition, reinsurers are increasingly comfortable using mortality improvements in pricing assumptions.

GUIDE TO BEST’S MARKET SEGMENT OUTLOOKS

A market segment outlook reflects AM Best’s forward-looking assessment of the expected operating environment and conditions within a segment over the next 12 months. It is based on factors such as economic conditions, the regulatory environment, the competitive landscape, as well as performance trends and other considerations. The outlook provides context for how these factors collectively shape the segment’s trajectory.

A Best’s Market Segment Outlook, like a Best’s Credit Rating Outlook for a company, can be Positive, Negative, or Stable.

Best’s Market Segment Outlook	
Positive	A Positive outlook indicates that market conditions are expected to improve or support operations and strong performance within the segment over the next 12 months.
Stable	A Stable outlook suggests that market conditions are expected to remain broadly consistent with the current environment, with no material positive or negative shifts anticipated with the segment over the next 12 months.
Negative	A Negative outlook signifies that market conditions are expected to deteriorate or present challenges to operations and performance within the segment over the next 12 months..

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Published by AM Best

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Version 011624